

Alcohol Services

Jan 2010

NHS adults services

	GP surgeries
Service offered	Diagnosis, blood tests, brief intervention, signposting & referral. Treatment with thiamine to prevent brain and nerve damage. Detox for selected cases only.

	Homeless Health Service (HHS)
Service offered	GP, nurse And Health Link general medical services. Available to rough sleepers, hostel dwellers and sofa-surfers Wet Provision clinic (for street drinkers - see below), SMART (methadone service - see below)
Contact	Homeless Health Service Compass Centre, 1 Jamaica St, Kingsdown BS2 8JP Tel: 0117 989 2450 www.bristolhomeleshealth.co.uk
Referral	Self-refer or signposting by any agency
Availability	Drop-in clinics at Novas day centre, New St, Compass Centre, One25, Harm Reduction Bus.

	Bristol Specialist Drug and Alcohol Service (BSDAS)
Service offered	See below
Contact	Single Point of Entry, BSDAS The Blackberry Centre Blackberry Hill Hospital Manor Rd Fishponds Bristol BS16 2EW Tel: 0117 378 4510 Fax: 0117 902 2885
Referral	GP or health worker referral only.

	Bristol Specialist Drug and Alcohol Service (BSDAS) Colston Fort
Service offered	Specialist outpatient day unit for people with alcohol dependence (scoring 20 or more on AUDIT) who are ready for abstinence . Provides assessment, outpatient detox, and assessment/waiting list management for in-patient alcohol detox at Acer Unit. Specialist relapse-prevention prescribing.

	One 1 hour/day abstinence based group work for newly sober clients, following through with 1 hour/week group work to support and maintain sobriety. 1:1 psychotherapy is <u>not</u> provided.
Contact	Colston Fort, 1 Montague Place, Kingsdown, BS6 5UB Tel: 0117 919 2345
Referral	GP or health worker referral only. Via Single Point of Entry

	Bristol Specialist Drug and Alcohol Service (BSDAS) Stokes Croft & Blackberry Centre
Service offered	Specialist outpatient day units for people with opiate dependence. Where alcohol dependence co-exists with current, or very recent, drug misuse clients are seen by these services rather than at Colston Fort. Assessment, outpatient detox and assessment/waiting list management for in-patient alcohol detox at Acer Unit. Specialist relapse-prevention prescribing.
Contact	Stokes Croft 59 – 61 Stokes Croft, Bristol BS1 3QP Tel: 0117 923 2077 The Blackberry Centre Blackberry Hill Hospital, Manor Road Fishponds, Bristol BS16 2EW Tel: 0117 378 4500
Referral	GP or health worker referral only. Via Single Point of Entry

	Bristol Specialist Drug and Alcohol Service (BSDAS) Acer Unit Callington Rd Hospital
Service offered	Six bed in-patient ward for drug & alcohol treatment
Contact	Tel: 0117 919 5920
Referral	GP or health worker referral only. Via BSDAS single point of entry, with assessment by BSDAS alcohol or drug team.
Availability	4 beds for opiate (+/- alcohol) dependent clients from Bristol 1 bed for alcohol-only dependent clients from Bristol – planned admission only, no acute access. 1 bed for opiate and/or alcohol dependent clients from South Glos.

	Bristol Royal Infirmary
Service offered	1. Alcohol Nurse Specialist - Ward based for in-patients 2. Alcohol brief intervention nurse specialist - A&E
Contact	1. Victoria.Hunt@UHBristol.nhs.uk Tel: 0117 342 4786 bleep 3444 2. Lucy.Harrison@UHBristol.nhs.uk Tel: 0117 928 2927
Referral	1. Ward Health staff 2. A&E staff

Services based in the community

	ARA-Alcohol Misuse Service
Service offered	Works with clients not yet ready to stop drinking, as well as Abstinence Services . Brief interventions. Counselling. Relapse prevention. Structured Day Programme. Residential Rehab. Young people's service (under 18s)
Contact	Kings Court, Kings Street Bristol, BS1 4EE Tel: 0117 929 3028 Fax: 0117 929 4810 Website: www.addictionrecovery.org.uk
Referral	Drop in at Alcohol Misuse Centre, Little Kings Street. Self refer or signposting by any agency. Open access drop-in Mon & Fri 11-12.30. Information session Fri 10-11.30.
Availability	Monday – Friday 9am – 5pm

	Broadway Lodge
Service offered	Residential treatment, counselling and support services
Contact	Totterdown Lane, Off Oldmixon Road Weston-super-Mare, Somerset BS24 9NN Tel: 01934 812319 Email: mailbox@broadwaylodge.org.uk
Referral	Referrals are accepted from any interested party e.g. the client, the family, friends, social services, health personnel, probation or companies/employers
Availability	Sources of funding may come from a variety of places; Private funds, Employers, Insurance Companies, DATS, Social Services or Health Authorities.

	BDP Bristol Drugs Project
Service offered	Range of services in city centre for people with combined drug and alcohol misuse .
Contact	11 Brunswick Square, Bristol BS2 8PE Tel: 0117987 6000 Fax: 0117 987 1900 www.bdp.org.uk
Referral	Self refer or via health worker
Availability	Mon – Fri 9.30am – 5pm. Saturday 9.30am – 12.30pm Women only Space Available: Wednesday 11am

	CAAAD Community Action Around Alcohol and Drugs
Service offered	Brief interventions, Counselling, Information, Support, Relapse Prevention. Education Training & Employment Advice. Hepatitis Support Services – Including Hepatitis Nurses.

	Headspace: Drop-in session for dual diagnosis clients at CAAAD: (Thursdays 3-5pm, staffed by CAAAD worker and CPN.
Contact	Station House, 188 Lawrence Hill, Bristol BS6 0DR Tel: 0117 9042297 Fax: 0117 9042200 www.bartonhillsettlement.org.uk
Referral	Self referral – by phone or drop in. Professional referral by phone or in writing.
Availability	Mon 9am – 1pm & 2pm – 5pm. Tues 2pm – 5pm. Wednesday 9am – 1pm & 2pm – 5pm. Thurs 9am – 1pm & 2pm – 8pm. Fri 9am – 1pm & 2pm – 5pm. Saturday 2pm – 4pm

	HAWKS Hartcliffe & Withywood Kick Start
Service offered	<ul style="list-style-type: none"> • Family Services for parents concerned about their own alcohol/drug use • Support for parents of children with alcohol/drug problems. • Early intervention services for young people aged 11-18 with alcohol/drug problems • Early intervention services for young people aged 4-18 affected by a parent/carer with alcohol/drug problems • Support sessions at the office, community settings or home visits.
Contact	The Gatehouse Centre, Hareclive Road, Hartcliffe, Bristol BS13 9JN Tel: 0117 964 2859 Fax 0117 978 4240 info@hawks1.org.uk or hawks@hwcp.org.uk
Referral	Self refer or via worker
Availability	Mon – Fri: 9am - 5pm

	KWADS Knowle West Alcohol & Drug service
Service offered	KWADS provides free confidential advice, information, support, & referrals for carers of drug/alcohol users. 1:1 & group services
Contact	49-51 Filwood Broadway Knowle West Bristol Tele: 0117 953 3870. Fax: 0117 300 2952. www.kwads.org.uk
Referral	Self refer, phone or drop-in.
Availability	Carers group Tues 6.30-8pm

	Nilaari
Service offered	A culturally appropriate service, for black & minority ethnic adults misusing drugs and/ or alcohol. Counselling, advice, information and educational programs. Service for stimulant & crack users.
Contact	184 Stapleton Road, Easton, Bristol BS5 0NZ Tele: 0117 952 5742 www.nilaari.co.uk
Referral	Self refer or via worker

	Novas Accommodation and Addictions Team
Service offered	Support for people with addiction who are having difficulty engaging with treatment or maintaining accommodation
Contact	1 New Street St Judes Bristol BS2 9DX Tel: 0117 954 2950.
Referral	Self refer or via worker

	Priory Hospital Bristol
Service offered	7-day drug and alcohol detoxification through to 42-day programmes or longer if necessary, with inpatient, day care or if appropriate out-patient options
Contact	The Priory Hospital Bristol, Heath House Lane, Bristol, BS16 1EQ Tel: 0117 952 5255 Fax: 0117 952 5552 www.prioryhealthcare.com
Referral	Self referral or via worker
Availability	Private funding

	St James Priory Project
Service offered	Support and treatment for people with addictions. Walsingham House is a 'first stage' residential provision (rehab) for 16 people which promotes abstinence, based on the 12 Step philosophy. St James House is a 'third stage' service providing supported accommodation and ongoing counselling for 10 people in recovery from addiction. A Family/Carers Support Group, in partnership with CLOUDS, operates on a Tuesday evening from 7pm - 9pm.

Contact	Whitson Street, Bristol, BS1 3NZ Tel: 0117 929 9100 Fax: 0117 922 5980 www.stjamesprioryproject.org.uk
Referral	Walsingham House: referring agency usually only needs to meet the Treatment costs. Housing and support costs meet by housing benefit or Supporting People in Bristol council contract, unless ineligible for HB. St James House: self referral or via worker

	Southmead Project and Touchstone 165 1:1 Counselling Service
Service offered	People who have misused drugs / alcohol as a way of coping with Trauma/Abuse . For individuals who are not using drugs on top even if on monitored doses of Methadone, Subutex or Naltrexone. Initial interview assessment; Weekly 1:1 counselling appointments. Moving-on group for individuals who have addressed historical addiction and trauma in one to one counselling. Southmead Project weekly evening group for Parents and Carers .
Contact	165 Greystoke Ave, Southmead BS10 6AS Tel: 0117 950 6022 www.touchstone165.com
Referral	Individuals are encouraged to self refer by telephone: 9594809. Existing worker can receive information pack to look at with client.
Availability	Weekly information/drop in sessions at Southmead Project Thursdays 2.00-4.00 pm.

	Salvation Army Detox
Service offered	Alcohol residential detox for alcohol-only clients over 55yrs . Preparation/detox/rehab for alcohol clients who also use opiates
Contact	Logos House, Wade St, St Judes BS2 9EL Tel: 0117 955 2821 www.salvationarmy.org.uk
Referral	Via health worker
Availability	Currently funded for 6 clients per year

	Serenity House: Bristol Alcoholism Recovery Service
Service offered	Recovery Dynamics – an in-depth 12 step programme run over 26 days, Mon-Fri
Contact	Serenity House B.A.R.S., 43 St Nicholas St, Bristol BS1 1TP Tel: 0117 927 7839

	www.serenityhouse.org.uk
Referral	Self refer
Availability	Cost £60

	SWAN - Start Winning against Alcohol Now
Service offered	Groups and 1:1 person-centred counselling 1. For people still drinking. 2. Abstinence – relapse prevention Also work with cannabis users Also reiki, body-work and massage
Contact	1 Fairlawn Road, Montpellier, Bristol, BS6 5JR Tel: 0117 924 7154 www.akousis.co.uk
Referral	Self refer or via worker
Availability	Weekly contribution towards cost. Funding may be available via employer or BSDAS community care assessment

	Women's Independent Alcohol Support (WIAS)
Service offered	Women-only group run by and for women who have or have had issues with alcohol. Provides friendship and support
Contact	Women's Alcohol Dependency Project Tel: 0117 373 8797
Referral	Self referral or via worker
Availability	Saturday afternoon

Young Peoples Services

	Opening Doors Early Intervention Service
Service offered	First point of contact for most young people who need support with drug and alcohol use. The workers usually see the young people for between 1 and 6 face to face sessions. Workers will refer young people into treatment where appropriate.
Contact	For young people living in North or East Central Bristol contact BDP (Bristol Drugs Project) on 0117 9876008 For young people living in South Bristol contact HAWKS (Hartcliffe and Withywood Kick Start) on 0117 9642859 http://www.openingdoorsbristol.org.uk/how-it-works
Referral	Self referral or anyone

Availability	This service works mainly in Bristol secondary schools and most young people will be seen in a confidential space in school. People who do not attend school or who go to a school outside of Bristol will be seen in another confidential space.
--------------	---

	Opening Doors Young People's Substance Misuse Treatment Service (YPSMTS)
Service offered	For young people aged up to 18 with substance misuse and complex needs. Multi-disciplinary workers trained in substance misuse and child and adolescent mental health issues.
Contact	0117 342 5729 bernadette.chinnock@nbt.nhs.uk http://www.openingdoorsbristol.org.uk/how-it-works
Referral	Via other agencies
Availability	Young people can be seen in their places of education, GP surgeries, and local agencies offices as well as at home, once a risk assessment has taken place.

	Opening Doors Drugs and Young People Project (DYPP)
Service offered	For children and young people with social workers, affected by substance misuse. Encourages resilience, promotes safety and offers emotional support.
Contact	Telephone number: 0117 3772997 Email address: cally.hargrave@bristol.gov.uk http://www.openingdoorsbristol.org.uk/how-it-works
Referral	Social workers

	Opening Doors Youth Offending Team
Service offered	For young people aged 10 – 18 years in the criminal justice system (treatment arm of Youth Offending Team)
Contact	Telephone number: 0117 9036480 Email address: angela.langford@bristol.gov.uk http://www.openingdoorsbristol.org.uk/how-it-works
Referral	From Youth Offending Team workers or case workers in prisons or secure units

Self-help groups

	AA Alcoholic Anonymous
Service offered	Fellowship of shared experience, strength and hope for those with a desire to stop drinking . 12 step approach. No religious affiliation.
Contact	24hr helpline 926 5520 PO Box42 Bristol BS99 7JR

	www.alcoholics-anonymous.org.uk
Referral	AA is normally able to provide someone to meet with/speak to a client within 48hrs of request, which can be made by a client or a friend/professional. Self refer to meetings – for up to date list contact helpline.
Availability	All over Bristol; every day of the week

	Al-Anon
Service offered	For families and friends of people affected by alcohol
Contact	61 Great Dover Street, London SE1 4YF Tel: 020 7403 0888 (Helpline 10am - 10pm, 365 days a year) http://www.al-anonuk.org.uk/ enquiries@al-anonuk.org.uk

	Alateen (part of Al-Anon)
Service offered	For teenage relatives and friends of alcoholics 12-17 year olds meet to share their experiences, gain an understanding of the illness, and feel the benefits of realising they are not alone. They learn that they did not cause this problem and that they are not responsible for their relative's or friend's drinking or behaviour Alateen is not for teenage alcoholics, unless their lives have been affected by someone else's drinking
Contact	http://www.al-anonuk.org.uk/ , Tel: 020 7407 0215

	NACOA The National Association for Children of Alcoholics
Service offered	Information, advice and support for children of alcoholics and people concerned for their welfare. Information around domestic abuse
Contact	PO Box 64, Fishponds, Bristol, BS16 2UH Tel 924 8005 Helpline 0800 - 358 3456 http://www.nacoa.org.uk/

	Women's Independent Alcohol Support (WIAS)
Service offered	Women-only for women who have or have had issues with alcohol. Friendship and support without promoting specific treatment/recovery philosophies.
Contact	Women's Alcohol Dependency Project 373 8797

Availability	Saturday afternoon in Bristol
--------------	-------------------------------

Services for Homeless / Hostel Dwellers

	Website listing general services for homeless clients:
Contact	http://www.bcan.org.uk/map/services.htm

	Bristol SPOT (Street Population and Outreach team)
Service offered	Available to rough sleepers, hostel dwellers and sofa-surfers . First point of contact for people newly on the streets of Bristol. Able to help organise access to emergency accommodation and money, signposting to health care as above, and enabling registration with local GP services.
Contact	Compass Centre, 1 Jamaica St, Kingsdown, BS2 8JP Tel: 944 0581 bristolspot@mungos.org
Referral	They are out and about on the streets and often receive referrals by word of mouth.
Availability	Accessible at New St day centre drop-in every morning, and available at their office base at the Compass Centre by appointment.

	HHS Wet Provision clinic (Homeless Health Service)
Service offered	Multi-agency, including GP & nurse, service for street drinkers . For hard to engage clients, who are allowed to come into the day centre with their alcohol for help with housing, health, diet, support, signposting and referral for further treatment.
Contact	Novas Day Centre, New Street, St Judes BS2 9DX Tel: 0117 909 6310
Referral	Via ECHG Assertive Outreach team (944 0581) or Novas Day Centre (909 6310)
Availability	Wed 2-4pm

	HHS SMART (Supervised Methadone And Resettlement Team)
Service offered	Opiate treatment programme, including alcohol management, for highly chaotic and hard to engage people, with high level support by GP and nurse.

Contact	Compass Centre, 1 Jamaica St, Kingsdown, BS2 8JP Tel: 0117 989 2450
Referral	Via ECHG Assertive Outreach team

	HHS Health Link
Service offered	Intensive 1:1 support, advocacy and liaison for highly chaotic and hard to engage people, with severe & complex health needs who are currently unable to access appropriate health care / housing.
Contact	Compass Centre, 1 Jamaica St, Kingsdown, BS2 8JP Tel: 0117 989 2450
Referral	Via HHS 0117 989 2454

	Crisis Centre Ministries
Service offered	Drop-in café, free hot meals Listening ear for people with addiction and homelessness. Sign-posting to other agencies inside and outside Bristol, including practical information for clients considering rehab or dry houses.
Contact	Alan Goddard Coffee shop manager 12 City Road, St Pauls, Bristol, BS2 8TP 942 3088
Referral	Drop-in
Availability	Mon-Fri 11:00 am - 2:00pm, 8:00 pm - 10:00 pm